

A Facilitator's Guide | 2020

TAKING THE PRACTICES HOME



Personal Leadership

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Taking the Practices Home

Overview

Make this the last session you do. In the Facilitator's Guide below, you will find four variations from which to choose. Each is based on achieving the same objective of helping participants take the Practices home.

It's up to you as facilitator to determine the depth and duration of this particular workshop. Choose the variation you use based on what else you have offered participants about Personal Leadership, on what will be most effective for them, and on the time you have available.

Objectives

As a result of the activity outlined in the following pages, participants will be able to:

- Generate creative ideas for how to apply PL in their daily lives.
- Make commitments to carry out whichever ideas speak to them.
- Hear from their session colleagues about what stands out for them about PL, which will increase their own motivation for applying PL in their daily lives.

Appropriate Audience

This is appropriate to anyone who has

- Had the experience of creating a Personal Leadership vision, and
- Has learned about and is using the PL Practices and the CMD.

Level of Challenge to Participants

The level of challenge is low, and usually there is high energy.

Level of Challenge to Facilitators

The level of challenge for the facilitation itself is low. The only challenge may be in being finding a compelling, personal and authentic way of articulating how valuable a PL practice can be—in fact, how valuable *your* PL practice has been to you.



Taking the Practices Home

Time Required

30 minutes to 1 hour

Materials Required for the Activity

- Flip chart paper or banner paper—one of the activities suggested asks you to tape two flip chart pages together to make a larger space to post responses, but you could equally well use banner paper
- Colored markers
- Tape
- Lots of 3x5 sticky notes or small index cards for each participant
- Blank 8x10 paper for each participant
- Pens or pencils for each participant
- Some way of marking time audibly: a bell, for example
- PL Practice Cards
 - These are not essential for the activity, but we do recommend handing them out at the end of this workshop.
 - They are available from PLSeminars for a very small fee. Check out our website for more information: www.plseminars.com/what-we-offer/practice-cards/
- NOTE: No handouts are needed for this facilitation.

Prerequisites for Using this Facilitator Guide

Read the following:

- Schaetti, B.F., Ramsey S., & Watanabe G., (2008). *Making a world of difference. Personal Leadership: A methodology of two principles and six practices*. Seattle: WA: FlyingKite Publications.

