



Leading Self

in a world of difference

A Workshop for People Who Want to Be Mindfully Present and Creatively Engaged

What happens when you show up at your best?
What becomes possible?

What happens when you open yourself to embracing ambiguity?
What shifts in you and in the world around you?

What would it mean if you had a reliable practice for translating your good intentions into actions that make a difference?

Early Bird Discount Ends on
December 1, 2019

Registration at
<https://leading-self-in-a-world-of-difference.eventbrite.com>

January 10 -12, 2020
Friday and Saturday: 9 am – 4 pm
Sunday: 9 am – 12 pm

Center for Grieving Children
555 Forest Ave, Portland, ME

Join us to learn

SIX PRACTICES OF PERSONAL LEADERSHIP
that will support and sustain your ability to:

- ☐ Lead yourself while leading others
- ☐ Be at your best under stress and pressure
- ☐ Make inclusive and equitable decisions
- ☐ Act in alignment with your vision
- ☐ Navigate ambiguity with grace
- ☐ Stay centered as the world is spinning

Shoe String
(nonprofit, education, etc.)
\$ 495 (EB) ♦ \$ 545 (Reg)

Boot Strap
(corporate)
\$ 695 (EB) ♦ \$745 (Reg)



Personal Leadership

Contact Marie Sheffield at bridge2belong@gmail.com



Winter in Maine is an excellent time for getting together with people who are open to challenging questions, mindful learning, and engaging with others in developing sustainable practices for showing up at their best.



**Marie
Sheffield**

Marie Sheffield is a licensed clinical counselor and art therapist working in the field of complex loss, mass trauma and children. In addition to consulting and training, Marie is an associate professor at the University of Southern Maine.

With two decades as an intercultural team leader for the Intercultural Community Peer Support Program, and Intercultural Advisory Council, at the Center for Grieving Children (CGC) in Portland, Maine, Marie also completed a fellowship with the Intercultural Communication Institute.

Since then, Marie has become a senior facilitator of Personal Leadership and incorporates this model in all her trainings whether with CGC volunteers, AmeriCorps, various after school programs and school systems.



**Tatyana
Fertelmeyster**

Tatyana Fertelmeyster, a Licensed Clinical Professional Counselor, is founder and principal of Connecting Differences, LLC. She works as a consultant, trainer, and coach with organizations, teams, and individuals. For Tatyana, Connecting Differences is her passion and not just the name of her consulting company.

Tatyana is fascinated with process rather than content. She sees tolerance as one's ability to tolerate oneself while engaging with others across differences and from that perspective Personal Leadership becomes her main approach.

Tatyana uses PL to help develop the effectiveness and resilience of professionals working in the field of Diversity, Equity, and Inclusion. She uses it to help leaders effectively navigate challenging situations.



**Katsuko
Sugiyama**

Katsuko Sugiyama is an independent Leadership Coach and Bilingual (J/E) Facilitator specialized in the development of global leadership competences and global communication skills for the profit and non-profit organizations.

Katsuko brings over 25 years of international business experience combined both in Japan and the U.S. As a practitioner and a Senior Facilitator of Personal Leadership – Making a World of Difference®, Katsuko incorporates the Personal Leadership framework into her leadership coaching to enable the client to discern the best way forward in facing the ever-changing and uncertain world.

Born and raised in Osaka, Japan, Katsuko has been living in Boston Massachusetts since 1992. Katsuko holds a Master's of Arts in Intercultural Relations from Lesley University, Cambridge, Massachusetts, and her Bachelor's of Arts in Intercultural Studies from Kobe College (Kobe Jogakuin), Japan.

Personal Leadership: Making a World of Difference

Being Well while Doing Right ♦ Inclusive Leadership from Inside Out